

# On Resentment

Let us consider, then, occasions for resentment: situations in which one person is offended or injured by the action of another and in which—in the absence of special considerations—the offended person might naturally or normally be expected to feel resentment. Then let us consider what sorts of special considerations might be expected to modify or mollify this feeling or remove it altogether. It needs no saying now how multifarious these considerations are. But, for my purpose, I think they can be roughly divided into two kinds. To the first group belong all those which might give occasion for the employment of such expressions as ‘He didn’t mean to’, ‘He hadn’t realized’, ‘He didn’t know’; and also all those which might give occasion for the use of the phrase ‘He couldn’t help it’, when this is supported by such phrases as ‘He was pushed’, ‘He had to do it’, ‘It was the only way’, ‘They left him no alternative’, etc. Obviously these various pleas, and the kinds of situations in which they would be appropriate, differ from each other in striking and important ways. But for my present purpose they have something still more important in common. None of them invites us to suspend towards the agent, either at the time of his action or in general, our ordinary reactive attitudes. They do not invite us to view the agent as one in respect of whom these attitudes are in any way inappropriate. They invite us to view the injury as one in respect of which a particular one of these attitudes is inappropriate. They do not invite us to see the agent as other than a fully responsible agent. They invite us to see the injury as one for which he was not fully, or at all, responsible. They do not suggest that the agent is in any way an inappropriate object of that kind of demand for goodwill or regard which is reflected in our ordinary reactive attitudes. They suggest instead that the fact of injury was not in this case incompatible with that demand’s being fulfilled, that the fact of injury was quite consistent with the agent’s attitude and intentions being just what we demand they should be. The agent was just ignorant of the injury he was causing, or had lost his balance through being pushed or had reluctantly to cause the injury for reasons which acceptably override his reluctance. The offering of such pleas by the agent and their acceptance by the sufferer is something in no way opposed to, or outside the context of, ordinary inter-personal relationships and the manifestation of ordinary reactive attitudes. Since things go wrong and situations are complicated, it is an essential and integral element in the transactions which are the life of these relationships.

The second group of considerations is very different. I shall take them in two subgroups of which the first is far less important than the second. In connection with the first subgroup we may think of such statements as ‘He wasn’t himself’, ‘He has been under very great strain recently’, ‘He was acting under post-hypnotic suggestion’; in connection with the second, we may think of ‘He’s only a child’, ‘He’s a hopeless schizophrenic’, ‘His mind has been systematically perverted’, ‘That’s purely compulsive behaviour on his part’. Such pleas as these do, as pleas of my first general group do not, invite us to suspend our

ordinary reactive attitudes towards the agent, either at the time of his action or all the time. They do not invite us to see the agent's action in a way consistent with the full retention of ordinary inter-personal attitudes and merely inconsistent with one particular attitude. They invite us to view the agent himself in a different light from the light in which we should normally view one who has acted as he has acted. I shall not linger over the first subgroup of cases. Though they perhaps raise, in the short term, questions akin to those raised, in the long term, by the second subgroup, we may dismiss them without considering those questions by taking that admirably suggestive phrase, 'He wasn't himself', with the seriousness that—for all its being logically comic—it deserves. We shall not feel resentment against the man he is for the action done by the man he is not; or at least we shall feel less. We normally have to deal with him under normal stresses; so we shall not feel towards him, when he acts as he does under abnormal stresses, as we should have felt towards him had he acted as he did under normal stresses.

The second and more important subgroup of cases allows that the circumstances were normal, but presents the agent as psychologically abnormal—or as morally undeveloped. The agent was himself; but he is warped or deranged, neurotic or just a child. When we see someone in such a light as this, all our reactive attitudes tend to be profoundly modified. I must deal here in crude dichotomies and ignore the ever-interesting and ever-illuminating varieties of case. What I want to contrast is the attitude (or range of attitudes) of involvement or participation in a human relationship, on the one hand, and what might be called the objective attitude (or range of attitudes) to another human being, on the other. Even in the same situation, I must add, they are not altogether exclusive of each other; but they are, profoundly, opposed to each other. To adopt the objective attitude to another human being is to see him, perhaps, as an object of social policy; as a subject for what, in a wide range of sense, might be called treatment; as something certainly to be taken account, perhaps precautionary account, of; to be managed or handled or cured or trained; perhaps simply to be avoided, though this gerundive is not peculiar to cases of objectivity of attitude. The objective attitude may be emotionally toned in many ways, but not in all ways: it may include repulsion or fear, it may include pity or even love, though not all kinds of love. But it cannot include the range of reactive feelings and attitudes which belong to involvement or participation with others in inter-personal human relationships; it cannot include resentment, gratitude, forgiveness, anger, or the sort of love which two adults can sometimes be said to feel reciprocally, for each other. If your attitude towards someone is wholly objective, then though you may light him, you cannot quarrel with him, and though you may talk to him, even negotiate with him, you cannot reason with him. You can at most pretend to quarrel, or to reason, with him.

*from P F Strawson Freedom and Resentment (Proceedings of the British Academy v.48, 1960)*